Incoming Student's Guide





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WELCOME to KAUNO KOLEGIJA / University of Applied Sciences.

Kaunas is a beautiful and academic city. It is an attractive place of study for both Lithuanian and international students.

Our teachers, administration staff and representatives of Student's association will do their best to help you to feel the peculiarities of the Lithuanian culture, integrate into the city life and the community of **KAUNO KOLEGIJA / University of Applied Sciences**.

ABOUT US

KAUNO KOLEGIJA / University of Applied Sciences is one of the major state professional higher education institutions in Lithuania. Our mission is to provide high-quality education focused on practical activities and the needs of the learners and the society, promote applied research and art activities. Studies are realized across 4 faculties located in Kaunas City and 3 regional departments based in Druskininkai, Kedainiai, Taurage.

MAIN FACTS AND FIGURES:

- Over 7200 students;
- Around 550 academic staff;
- Around 25 000 graduates;
- 50 Bachelor level study programmes, of which 6 are delivered in English,
- double degree programmes with partner institutions in Scandinavia;
- More than 200 foreign partners, around 150 of them being under Erasmus+ programme;
- Around 200 incoming students and over 350 outgoing students per year;
- A diploma Supplement Label award by the European Commission in 2013;
- Top positions held in rankings of Lithuanian colleges.

STUDY PROGRAMMES

KAUNO KOLEGIJA / University of Applied Sciences provides first cycle studies awarding a Professional Bachelor's degree in the areas of Technologies, Biomedicine, Humanities, Social Sciences and Arts.

Incoming students may choose different subjects and modules from all study programmes according to their study field.

You can learn more about the study programmes or to apply for Professional Bachelor degree on www.kaunokolegija.lt/en/

Faculty of Management and Economics

- Law
- Finance
- Accounting
- Business Management
- Food Industry Business Management
 - Tourism and Hotel Management (in Kaunas and Druskininkai)
 - Office Administration
 - Sports Management
 - Sales Management
 - Logistics

Faculty of Medicine

- Biomedical Diagnostics
 - Cosmetology
 - Dental Technology
- General Practice Nursing

 Midwifery

 - Occupational Therapy
 - Odontological Care
 - Oral Hygiene
 - Pharmacy Techniques
 - Physical Therapy
 - Radiology
 - Social Work

Faculty of Technologies and Landscaping

- Automation Engineering
 Catering
- Computer Networks Administration
 - Interior and Furniture Design
 - Food Safety and Quality
 - Food Technology
 - Geodesy
- Gardening and Landscape Design
 Infotronics
 - Multimedia Technology
- Publishing and Printing Technologies
 - Production of Furniture and Wood
 Products
 - Real Estate Measurement
 Engineering
 - Technologies of Agro Business
 - Sustainable Farming

J. Vienožinskis Faculty of Arts • Design

- Fashion Design
- Image Design
- Pre school Education
- Glass, Ceramic, Wood, Leather,
 - Textile Art
- Restoration and Conservation of Art Works
 - Performative Design
 - Photography

Kėdainiai J. Radvila Study Centre

Business English
 English for Public Communication
 Organisation of Cultural Activities

Social Pedagogy

Taurage Department

Office Administration

Study Programmes taught in English

 Tourism and Hotel Management (180 ECTS credits)
 General Practice Nursing (210 ECTS credits)
 Computer Networks Administration (180 ECTS credits)
 Automation Engineering (180 ECTS credits)
 Infotronics (210 ECTS credits)
 Infotronics (210 ECTS credits)
 Multimedia Technology (180 ECTS credits)

International semesters

 International Business Course (Students coming to the study programmes at Faculty of Management and Economics, may choose subjects from this Course depending on their individual needs of studies)

All study programmes are accredited by the Centre for Quality Assessment in Higher Education at national level and/or internationally.

Usually the language of instruction during the study process is Lithuanian. But due to the needs of the international students or during the lectures of visiting lecturers the language of instruction could be other languages such as English.

ACADEMIC CALENDAR

The academic year at **KAUNAS KOLEGIJA / UAS** is divided into two academic periods: autumn and spring semesters.

- The Introduction week starts one week before the beginning of each semester.
- All students have to arrive one week before the beginning of studies!
- The academic year is interrupted by the Christmas Holiday.
- July and August is a summer vacation period.

AUTUMN SEMESTER

Study period

September 1 - December 23 September 1 - December 7 (for the second and third year students of the Faculty of Management and Economics)

Christmas Holiday

Exam days

December 24 - January 3

7 - 20 December (for the second and third year students of the Faculty of Management and Economics) In January

SPRING SEMESTER

Study period

February 1 - May 30

Easter Holiday

Flexible (Easter and the holidays that are related to it are moveable feasts)

Exam days

In June

Summer break

July 1 - August 31

EVALUATION OF LEARNING ACHIEVEMENTS

The scale of the study achievement evaluation and the grades:

	-	北陽地	
	Passing threshold	A grade* and a short description of knowledge and skills	The level of the subject study learning outcomes
	Passed	10 (excellent) Excellent performance, outstanding knowledge and skills	All the learning outcomes of the study subject achieved
1		9 (very good) Strong performance, good knowl- edge and skills	No less than 90 percent of the study subject learning out-comes achieved
		8 (good) Above the average performance, knowledge and skills	No less than 80 percent of the study learning outcomes achieved
		7 (highly satisfactory) Average performance, knowledge and skills with unessential short- comings	No less than 70 percent of the study learning outcomes achieved
		6 (satisfactory) Below average performance, knowledge and skills with substan- tial shortcomings	No less than 60 percent of the study learning outcomes achieved
		5 (sufficient/poor) Knowledge and skills meet the min- imum criteria	No less than 50 percent of the study learning outcomes achieved
	Failed	 4 3 2 1 not meet the minimum criteria 	Less than a half of the study subject learning outcomes achieved

* Examinations/projects, practical training and final thesis are usually assessed by a grade.

ABOUT LITHUANIA

Lithuania, officially the **Republic of Lithuania** (Lithuanian: Lietuvos Respublika), is a country in Northern Europe, one of the three Baltic states. It is situated along the southeastern shore of the Baltic Sea, to the east of Sweden and Denmark. It is bordered by Latvia to the north, Belarus to the east and south, Poland to the south, and Kaliningrad Oblast (a Russian exclave) to the southwest.

Lithuania is a member of the European Union, the Council of Europe, a full member of the Schengen Agreement and NATO. It is also a member of the Nordic Investment Bank, and part of Nordic-Baltic cooperation of Northern European countries. The United Nations Human Development Index lists Lithuania as a "very high human development" country. Lithuania has been among the fastest growing economies in the European Union and is ranked 24th in the world in the Ease of Doing Business Index. On 1 January 2015, Lithuania adopted the euro as the official currency and became the 19th member of the Eurozone.

BASIC DICTIONARY

Hi	Labas
Good day	Laba diena
Good morning	Labas rytas
Good evening	Labas vakaras
Good night	Labanakt
Please	Prašau, prašom
Thank you	ačiū
ОК	gerai
Yes	taip
No	ne
I don't understand	aš nesuprantu
Excuse me / sorry	atsiprašau
How much?	Kiek kainuoja?
Cheap / expensive	pigus/brangus
Do you speak English?	Ar jūs kalbate angliškai?
See you	lki
My name is	Mano vardas
Where is?	Kur yra?

The name of the state: **The Republic of Lithuania**

Capital: Vilnius Currency: Euro

Continent: Europe

President: Her Excellency Ms. Dalia Grybauskaitė

Official language: Lithuanian

Total area of the state: 65 200 sq. km

Population: Around 2.944 million

Main religion: Roman Catholic

NATIONAL HOLIDAYS

January 1	New Year Day	
February 16 (Independence Day)	Day of Re-establishment of the State of Lithuania	
March 11	Day of Restitution of Independence of Lithuania	
1st Sunday that follows the first full moon after the vernal equinox	Easter (in the Western Christian tradition Easter can fall as early as March 22 and as late as April 25)	
May 1	International Labour Day	
First Sunday of May	Mother's Day	
June 24	St. John's Day, Midsummer Day (Jonines, Rasos)	
July 6	Day of the Statehood (the Crowning Day of the Lithuanian King Mindaugas)	
August 15	Assumption of the Blessed Virgin Mary Day (Žolinės)	
November 1	All Saints' Day (Vėlinės)	
December 24	Christmas Eve	
December 25-26	St. Christmas	

KAUNAS CITY

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The centre of **Kaunas** is divided into the Old and the New Town. The Old Town is a remarkable archaeological monument and an architectural masterpiece incorporating Gothic, Renaissance and Baroque styles. It is a concentration of the ancient architectural monuments, such as the remnants of the 13th century castle, the impressive Town Hall, popularly known as the White Swan, and the Vilnius street, a characteristic trade street of the Middle Ages. The New Town is represented by the Laisvés Aléja, a central pedestrian street often called the "Heart of Kaunas" where numerous hotels, shops, restaurants, cafes, and bars are located. **Kaunas** is famous for M. K. Čiurlionis Art Gallery, where you can find the unique collection of works painted by the famous Lithuanian painter and composer M. K. Čiurlionis.



Kaunas annual events: Kaunas Jazz Festival, Hanza Kaunas, Pažaislis Music Festival, the Bike Show Millennium, International Modern Dance Festival, Operetta at Kaunas Castle, etc. More information about Kaunas city: www.kaunas.lt www.kaunastic.lt

WHAT YOU SHOULD KNOW BEFORE ARRIVAL

PASSPORT

You will need a valid passport or a European Union ID Card when staying in Lithuania. Please be sure that your passport is valid for the whole period of your stay in Lithuania.

VISA

The types of visas are the following:

- Schengen visa (for visits of less than three months):
- airport transit visa (A);
- short-stay visa (C);
- national visa (D) (issued for a period up to one year)

If you are a citizen of a country that requires a visa, you should apply for a National visa (D). With this visa, you will be granted entry into Lithuania and you will be permitted to remain in the country for longer than three months. A National visa may be for a single entry or multiple entries and will be issued for a period not exceeding one year.

A National visa for a multiple entry (D) is issued if:

- you are a foreign national (non-EU) student arriving in the Republic of Lithuania for studies according to international student exchange programmes or the student exchange programmes drawn up by a higher education institution operating in the Republic of Lithuania and a foreign higher education institution.
- you are a foreign national (non-EU) student admitted to study at a higher education institution registered and operating in the Republic of Lithuania.

For more information about migration issues please look at: www.migracija.lt where you can find all the explanations about necessary documents in English.

To get more information, call your local consulate, or the Consular Department at the Ministry of Foreign Affairs of the Republic of Lithuania tel. + 370 5 2362400, +370 5 2362617 for details and fees.

TEMPORARY RESIDENCE PERMIT

If you are coming to study from a country not belonging to the European Union, you will need to apply for a Permit of Temporary Residence (TRP) as soon as you arrive in Lithuania. The permit gives a foreign national right to live temporarily in Lithuania for a determined period. With this document, you will be able to select a residence, change it, leave the country and return while the permit for temporary residence is valid.

If you change your place of residence, you must notify the immigration office or the public police division at a territorial police division. Also, if you leave Lithuania for a period of more than six months you must inform the authorities of this.

TRP in Lithuania is usually issued for a period of one year, but it may be issued for a shorter period as well. Anyone of Lithuanian origin and foreign nationals who have retained the right to citizenship of the Republic of Lithuania can be issued a permit for permanent residence for a period of five years.

The application shall be examined not later than within four months from the date of receipt of the application.

Application for replacement of a residence permit shall be examined not later than within two months – an application for the EU residence permit – not later than within 5 days.

More information of legal stay in Lithuania:

- For non EU citizens
- For EU citizens

INSURANCE

Before arrival at KAUNO KOLEGIJA/ University of Applied Sciences students of:

- EU/EEA countries must get European health insurance card;
- Non EU countries must get Health insurance policy (Health insurance must be valid till the expiration date of TRP for at least 5800 Eur).

STUDENT IDENTITY CARD

After arrival at KAUNO KOLEGIJA/ University of Applied Sciences you can apply for Lithuanian Student Identity Card or International Student Identity Card that gives discount for public transport, clubs, museums, etc.

More information:

- <u>www.isic.lt</u>
- <u>www.lsp.lt</u>

DIRECTIONS

The closest way to get to Kaunas is flying to Kaunas airport. Also, you can fly to Vilnius airport.

FROM KAUNAS AIRPORT

By city bus No. 29 which connects Kaunas Airport and Kaunas city. City bus line route going to City Center: Kaunas Airport – Savanorių pr. – E. Ožeškienės g. – K. Donelaičio g. – Vytauto pr. (Kaunas Bus Station) – M. K. Čiurlionio str. (Kaunas Train Station). If you arrive at Kaunas on a late night flight, City bus No. 29E is for your convenience. Every day the bus leaves the Airport for the city center only after the last flight has arrived.

Passengers may pay for the tickets on the buses No. 29, the route of which connects Kaunas Airport with Kaunas city in euros. The price of a single - use ticket is 0.70 Eur., for a student – 0.35 Eur.

From Kaunas Bus/Train station to students' dormitory you should take a taxi ($\approx 6 \in$) or cross the street and at the Bus Stop (opposite the bus station) please take a trolleybus No. 16 and go until the stop "Kauno kolegija".

Also you can go by minibus No. 57 If You want to reach dormitory from the Train station you should take trolleybus/minibus from the Bus stop which is on the side of the Train station.

The price for a single use ticket is 0.90 Eur. All routes and exact timetables can be found at: <u>http://en.kaunas.lt/tourism/public-transport</u>

E-TICKETS

Payments in Kaunas City public transport are based on an electronic contactless card (CARD) ticketing system. CARD may be loaded with a specified amount of money in the wallet or/ and a certain type of periodic (3, 7, 30, and 92 days) e-tickets. You can use CARD in buses marked by the KVT sign. You need to validate your CARD when boarding the vehicle.

E- ticket types:

- Single trip.
- Periodic (3, 7, 30, or 92 days).

WHERE TO BUY TICKETS

TIP! At the Airport bus e-tickets can be purchased at the convenience store "Narvesen" located in the Arrivals of the passenger terminal. Please inform the seller which type of e -ticket you would like to load on your CARD. If you decided to use single e-tickets, then inform the seller which amount of money you would like to load in the CARD.

Then take the trolleybus 16 and get off at "Kauno kolegija" bus stop in Pramones pr.

MORE INFORMATION

The most necessary information about Kaunas City public transport is available at Kaunas public transport website www.kvt.lt, routes and timetables can be found at http://www.marsrutai.info/kaunas/

More info about the airport: <u>https://www.kaunas-airport.lt/</u>

FROM VILNIUS AIRPORT

There are few ways to get to Kaunas from Vilnius airport. You can take a bus, minibus, a train, rent a car or take a taxi.

BY BUS:

Direct buses run from Vilnius airport to Vilnius city, timetable - <u>www.vilniustransport.lt</u> the ticket can be bought at the bus it costs 1euro. Then you take a bus to Kaunas, here you can check the time and costs: <u>http://www.autobusubilietai.lt</u>

BY MINIBUS:

Minibus route: from the airport to the bus station, every 40 min, depends on the flight schedule (from 7:40 to 22:40). Ticket can be bought on the minibus.

BY TRAIN:

Distance from the airport to Vilnius Railway station is about 5 km, the journey takes up to 8 minutes. Trains run approximately every 40 minutes. The schedule can be found at <u>www.litrail.lt</u> Tickets can be purchased on the train.

BY TAXI:

Next to the airport there is a taxi rank. There are always plenty of taxis there. You can also call a taxi by phone or to book a taxi at Vilnius Tourist Information Centre (Airport Arrival Hall). Taxi booking and information: <u>www.etaksi.lt</u>

More info about the airport: http://www.vilnius-airport.lt/en/

BY CAR:

If you want to come to Lithuania by car, you must have the necessary documents and you should know some regulations.

Driving is on the right side, giving the way to traffic coming from your right.

Main regulations while driving:

maximum speed limits for cars: motorways – 110 km/h; other roads – 90km/h. no mobile phones while driving; no alcohol while driving; lights during the daytime from the 1st of September till the 1st of April required; putting on seat-belts is compulsory in both, the front and the back seats of the car.

More information you can find in www.regitra.lt/en

STUDENTS' SUPPORT AND SERVICES

LIBRARY AND CENTRE OF INFORMATION RESOURCES

All members of the community of our institution have the right to become library readers and have access to all documents stored at the library and the services provided.

You can find a modern study centre with linguistics cabinets for foreign language teaching in new building (Pramones pr. 22).

Library is also available to all the citizens of Kaunas. Library funds are related to biomedicine, technology, humanities and social sciences, the arts.

Library and Centrer of Information Resources is a member of the High Schools Library Net (LABT) and Lithuania's Integrative Library Information System (LIBIS). For this reason implementation of the automated library programme ALEPH 500 has been installed as well as the electronic cataloguing system.

You can find electronic catalogue and Resources of Lithuanian Academic Libraries find here.

If you need any book you can visit libraries of Kauno Kolegija. If you wish to take books home, you need to present your Student card (LSC/ISC) (in some cases library staff can ask for ID/passport as well).Remember that books are given for a certain period.

If you want to keep a book for longer period, you have to prolong it. Each library has internet access, scanning/printing facilities, reading areas.

The library and Centre of Information Resources is opened:

(Pramonės pr. 22, Il floor) Monday – Thursday 8:00 – 19:00 Friday – 8:00 – 17:00 Saturday – 9:00 – 14:00

Library of J. Vienožinskis Faculty of Arts

(J. Mackevičiaus g. 27, I floor) Monday – Thursday 8:00 – 16:00 (lunch break 12:30 – 13:00) Friday – 8:00 – 16:00

Library of Kėdainiai J. Radvila Study Centre (J. Basanavičiaus g. 4, Kėdainiai, I floor) Monday – Thursday 8:00 – 18:00 Friday – 8:00 – 17:00

Libraries are closed on the last Friday of the month.

STUDENTS' CANTEENS

There are several students` canteens located in the faculties of **KAUNO KOLEGIJA** / **University of Applied Sciences**. Prices in these canteens vary, but they are lower than in usual cafeteria in the town.

We would like to draw your attention to the fact that they usually are open till 2 p.m.

COMPUTER SERVICES

You can have full access to computer facilities located in all faculties as well as, in new Study Center.

WIRELESS internet zones are installed in different zones of our institution. Please, contact the IT people for connections (Pramones pr. 20, room No. 215).



SPORTS

KAUNO KOLEGIJA / University of Applied Sciences has its own Sport Centre with athletic halls, fields and a swimming pool. Working hours vary in the Sport Centre, so, please, contact your faculty coordinator for more information regarding attendance. The men basketball team of our institution is a member of Lithuanian Student Basketball League. The team maintains ties of friendship with basketball players from other Lithuanian universities and colleges. One of the most popular annual events – the traditional basketball tournament "The Director's Cup"-is organized at the institution every year.

If you want to know more about leisure time by making sports in Kaunas, You can visit website: http://www.kaunastic.lt/index.php/en (\rightarrow Tourism \rightarrow Entertainment).

STUDENTS' ASSOCIATION, MENTORING

The Student's Association of KAUNO KOLEGIJA / University of Applied Sciences (KKSA) represents the community of all students of the institution. This is an association of friendly, creative, inventive and enthusiastic students.

The main purpose of the Association is the representation of students' interests and mediation between administration, teachers and students. Therefore the activities of KKSA are continually renewed by involvement of new members.

Naturally, the Student's Association is confronted with challenges and obstacles, but the members take delight in overcoming difficulties and sharing their achievements. The Student Association represents the interests of KAUNO KOLEGIJA / University of Applied Sciences students' in the best possible ways and promotes the positive image and traditions of institution both within the institution and externally.

The Unit of International Studies and the Students' Association of Kauno Kolegija(KKSA) are responsible for carrying out the Mentoring programme. The aim of it is to help foreign students to integrate into the academic life of the institution and generally – in Kaunas city. Mentors of KAUNO KOLEGIJA / University of Applied Sciences are the members of Erasmus Student Network (ESN) <u>http://www.esn.org</u>

Mentors of our institution (ESN KK) is international non-governmental sub-unit in KAUNO KOLEGIJA/University of Applied Sciences, established 20 February, 2010.

Students – mentors act as - buddies of foreign students and help them in everyday activities: communicating and helping before/after arriving at institution, finding services (hospitals, post offices, banks, hairdressers, etc.) in the city, organizing excursions and other leisure events.

Mentoring activities last from August till June or for the whole period of foreign students' stay with us

If you want to become a member of ESN KK, please, contact kk@esnlithuania.org

PICK-UP SERVICE

Students-mentors will meet international students upon their arrival in Lithuania.

Please, inform the Unit of International Relations about the exact time and place (Vilnius/ Kaunas) of your arrival.



Studijos, kurias gali pritakyli

STAYING IN KAUNAS

DORMITORIES OF KAUNO KOLEGIJA / UAS

Dormitory No. 1 Taikos pr. 121, Kaunas Tel.: +370 37 35 24 68

Dormitory No. 2 V. Krėvės pr. 92, Kaunas Tel.: +370 37 31 19 81

Dormitory No. 3 V. Krėvės pr. 90, Kaunas Tel.: +370 37 45 56 89

Dormitory No. 4 Kalniečių g. 126, Kaunas Tel.: +370 37 73 07 66



TYPES OF ACCOMMODATION

All incoming students and teachers, if needed, are provided with the room at the dormitory.

There are three types of accommodation:

- 3 rooms share one shower, WC, kitchen with all the facilities. Price 163 EUR per month per room.
- 3 rooms share one shower and WC. Price 156 EUR per month per room.
- 1 room with shower and WC on the floor. Price 39-88 EUR per month for one student.

The price for the room consists of payment for the rent and utilities. The booking of the room requires the deposit, which is the same price as the room per month and is refundable upon departure if no damage occurs in the room. The rental has to be paid in advance until 25th day of each month.

There is a possibility to rent an apartment in the city as well. Please, contact The Unit of International Studies or your faculty coordinator for more information.

PROCEDURES FOR ALLOCATING ACCOMMODATION:

- Dormitory accommodation is available for all students: for exchange, full time, parttime students, for students who are equalizing studies etc.
- In case all the students are accommodated and free places are left, other people can get an opportunity to apply.
- The students are accommodated in dormitories under the decision of the Commission (Director's order No 1-838 issued on 31 August, 2011) represented by the deputy director for Communication, the member of KK Students' Association, the dean of appropriate faculty and the manager of the dormitory (administrator).
- The priority to live in a dormitory is given to the full-time students.

ACCEPTANCE OF FULL DEGREE FIRST YEAR STUDENTS TO THE DORMITORY

- When submitting an application for accommodation, the applicant should point out his/her request to live in a dormitory. Documents submission does not guarantee the acceptance.
- The priority to live in a dormitory is given to (listed in numerical order):
- Orphans;
- Disabled;
- Disadvantaged;
- Those who live more than 30 km away from Kaunas.
- The student will be informed of a place in a dormitory by e-mail, in exceptional cases

 by phone or post (to the address of the permanent place of residence). Information
 is provided by the head of the dormitory (administrator).
- Students and all other persons are accommodated in rooms by the heads of the dormitories. Therefore the living place is recorded in the system of dormitory reservation.

ACCEPTANCE OF FULL DEGREE SECOND AND THIRD YEAR STUDENTS TO THE DORMITORY

- Priority to live in a dormitory is given to those students, who have already lived there.
- Contracts for one year are extended not later than a month before the termination of the valid contract. In case a contract is extended, a dormitory place is left in the same room. If there are opportunities and a request from a student his living place can be changed.
- In case the contract is not extended, the former resident shall loose the priority to live in a dormitory next year.

PAYMENT FOR THE DORMITORY SERVICES

- Inhabitants are registered and places in dormitories of KAUNO KOLEGIJA/University of Applied Sciences are reserved in the system of dormitory reservation.
- The management of reservation system is performed by the manager of dormitories and the deputy director for communication.
- An inhabitant shall pay the rent for the current month and deposit which should be equal to the fee of one month. Payments should be done by bank within three days after the contract becomes effective. The deposit is a guarantee that shall possibly cover the damages made to the dormitory. It can also cover the payment for the last month. In case the deposit is not used, it is returned at the end of the contract.
- The procedure of payment for dormitory services is laid down in the rental contract.
- The payment for the dormitory is composed of: the rent of premises, utilities (electricity, hot and cold water, heating) as well as other operating costs. The rental fee can be modified in accordance to the prices of utilities and costs. The dormitory rental fee is approved by the order of director of institution (every year).
- The rental fee is set in accordance to the number of places in a room, services and utilities.
- Information on payments is entered into the dormitory reservation system by an appointed employee of the institutional Accounting department.
- The control of payments for dormitory services is carried out by the head of dormitories.
- In case a student terminated the contract unilaterally, paid sums are not refunded.

IMPORTANT INFORMATION FOR STAYING AT THE DORMITORY

Please, do not forget to bring the most necessary things with you when coming to us:

- **Mobile phones** (it will be necessary for your daily communication. Please, be sure that you can enter a new SIM card in your phone. It will be cheaper than to use the card of your country operator).
- Warm cloths (Autumn, Winter and Spring are quite chilly in Lithuania it can be around +5 °C including strong wind and rain in Autumn and Spring, around -5-20°C including snow in Winter).
- **Towels and kitchenware** (the dormitory will provide you with bed linen, but you will be asked to bring your private towels. Kitchens are equipped with daily simple kitchenware, but, if you need something specific for cooking, please, bring those things with you or buy at the nearest shopping centre).



COMPUTERS

You will probably need to do lots of course papers, projects or designs so, please, bring your **own computer** (laptop). There is a wireless internet connection in students' dormitory and in most buildings of the campus.

Students – mentors or administrator will help you to connect to the internet at the dormitory.

PRIVATE ACCOMMODATION

If you prefer to live in apartment in a certain area of Kaunas city you are free to choose.

The rental prices depends on the location, number and space of the rooms, period of the rent and other conditions of rooms/flats.

Webpages for a private rent online:

- <u>www.aruodas.lt</u> (available in EN/RU);
- <u>www.domoplius.lt</u> (available in EN/RU);
- <u>www.edomus.lt</u> (available in EN/RU);
- <u>www.namai.lt</u> (available in LT).

LAUNDRY

There is a laundry room at the dormitory. You can use laundry facilities free of charge but you have to use your own washing powder. Please, ask the dormitory ladies for the key of the laundry room.

SMOKING

It is strictly forbidden to smoke inside the institution or in the dormitory rooms. There are certain smoking areas outside the buildings.

Smoking in restaurants and other public places is forbidden all over the country.

PRACTICAL INFORMATION

Post Office

If you need to send packages or cards to your family, friends, relatives, please, go to the nearest post office. Address: V. Krėvės pr. 97A (near the shopping centre "**IKI**").

For more information, please, visit: <u>www.post.lt</u>

Banks

Different banks operate in Lithuania and Kaunas. The biggest ones are: **SEB** bank, **SWEDBANK**, **DANSKE** bank. You can find some of them around the institution, others are located a little bit further. For most suitable bank branch, please, visit: <u>www.seb.lt</u>, <u>www.swedbank.lt</u>, etc.

Health Care

The medical care in Lithuania is providing high quality services for all patients. Most hospitals expect cash payment for health services in urgent cases. t It can be covered by the health insurance which you have obtained in your country.

The nearest clinic for urgent cases is -Kaunas Dainavos Clinic. Address: Pramonės pr. 31

Free emergency call for all cases: 112

Pharmacies

Pharmacies in Lithuania are called "vaistine", so when you see this word, you can expect to find everything you need for your health care. Pharmacies are often located in the main streets and shopping centres. Self-service pharmacy "Eurovaistine" is located in the shopping malls "Akropolis" and "Molas".



SHOPPING

SHOPPING CENTRES:

Akropolis shops are open: 10:00 - 21:00, entertainment places are open: 10:00 – 24:00, Maxima Supermarket is open: 08:00 - 22:00. The address is: Karaliaus Mindaugo pr. 49, <u>www.kaunoakropolis.lt</u>

Boasting a unique design which incorporates historical buildings into a modern interior, this is one of the biggest shopping and entertainment centres in the land. "Akropolis" features more than 250 stores, a large Maxima supermarket as well as 15 restaurants, ice rink and cinema complex. Easily accessible by public transport; there is also parking for 2500 cars.

Molas shops are open 10:00 - 21:00. The address is K. Baršausko g. 66a. <u>www.molas.lt</u>

Big enough to ensure you can get what you want, probably, but small enough to ensure you don't get lost while getting it. You can find different shops, a couple of restaurants and a bowling alley there.

Mega: open 08:00 - 21:00, entertainment places are open: 10:00 – 24:00. The address is Islandijos pl. 32. <u>www.mega.lt</u>

Mega is crammed full of shops selling everything from designer clothing to microwave ovens to building materials. There's a decent "Rimi" supermarket, restaurants, bowling and a five-screen cinema. Also not to be missed is the extraordinary and very big aquarium full of fish from all over the world. If you want to visit it look for minibuses with large Mega signs or take a taxi.

MARKETS:

Urmas. Open 09:00 - 18:00, Sun 09:00 - 15:00. Address: Pramonės pr. 16

This staggering 15 hectare site contains no less than 1,500 different retail outlets inside six huge buildings. Items for sale include everything from saucepans to wedding dresses to fresh meat, plus there's often a very good flea market. Other features include restaurants and a regular schedule of shows and events. The easiest way to get there is to hop on a N°99 minibus heading east along Donelaičio street and get out at the last stop. Alternatively, take minibus N°30 and keep an eye out. You can't really miss it.

Aleksotas Market [Aleksoto Turgus]. Open 06:00 - 15:00. Closed Mon. Address: Veiverių pl. 47b.

Better than the average Lithuanian market, this place not only sells the usual poor quality Chinese socks and saucepans but also specialises in the largest selection of antiques and bric-a-brac in the city. As well as countless outdoor stalls trading in everything from Soviet-era sewing machines to second-hand bicycles there's also a fairly large indoor space by the main entrance. Not exactly in the city centre, take city bus N°6, 6a or 12 from any of the stops on Kęstučio street or hop on a minibus displaying an Aleksotas sign and get off at the Aleksoto Poliklinika stop. The market is a bit further along on the other side of the road.

Station Market [Stoties Turgus]. Open 07:00 - 21:00 (until October). Open 07:00 -19:00 (November - April). Address: M. K. Čiurlionio g. 25

The quintessential Lithuanian outdoor market complete with dubious Chinese clothing, local food products including some excellent honey and the prerequisite collection of Roma women selling cheap cigarettes on the sly.

BOOKSTORES:

Centrinis Knygynas. Open 10:00 - 19:00, Sat 10:00 - 17:00. Closed Sun. Address: Laisvės al. 81

Reminiscent of a bygone age, Kaunas' evergreen Central Bookshop stocks a good range of guidebooks and maps at the far right of the shop plus a handful of novels in English at the far left.

"Kalbų centras". Open 09:00 - 18:00, Sat 10:00 - 15:00. Closed Sun. Address: Donelaičio g. 61. www.humanitas.lt

"Kalbų centras" is open to all who wish to learn or teach foreign languages. There is a wide range of English language books. UAB "Humanitas" is a representative of well-known publishing houses in the world: "Oxford University Press", "Pearson Education (Longman)", "Cambridge University Press". Here you can find publications of Lithuanian publishing houses as well: "Šviesa", "Alma Littera", "Žodynas" and many others.

"Akademinis Knygynas". Open 09:00 - 18:00 . Closed Sun., Sat. Address: Donelaičio g. 52. www.humanitas.lt

The bookstore offers a wide selection of academic publications in Lithuanian, Russian and English which are published by well- known publishing houses like "Oxford University Press", "Cambridge University Press", "Springer", "Wiley & Sons", "Routledge", "Sage", "Lippincot Williams & Wilkins", "Blackwell Science", "Taschen".

"Tūkstantis ir viena naktis". Open 10:00-18:00, Sat 11:00-16:00. Closed Sun. Address: Vilniaus g. 11. www.humanitas.lt

A small but well-stocked bookshop with a good selection of books on the arts in English.

"Pegasas": Open 09:00 - 19:00, Sat 10:00 - 16:00. Closed Sun. Address: K. Baršausko g. 66a ("Molas"), also Laisvės al. 75, Karaliaus Mindaugo pr. 49 ("Akropolis"). www.pegasas.lt

Close to St. Michael the Archangel, this academic-looking bookshop stocks plenty of books on Lithuanian and international art. A small selection of paperbacks in English can be found at the top of the spiral staircase.

Vidmanto Staniulio Knygynas – Antikvariatas. Open 10:00 - 18:00, Sat 12:00 - 16:00. Closed Sun. Address: Vytauto pr. 58

Alongside a handful of antiques of some interest are a large collection of books, some in English and most interesting of all a vast collection of newspapers and magazines dating back to the inter-war period. Fascinating for anyone with an interest in modern Lithuanian history, especially those who've mastered at least a few words of the local lingo. People looking for fiction in English who've given up looking through the tiny selections of new books around town should try in here. Sometimes they have some really good stuff.

LEISURE IN KAUNAS

Kaunas City has lots of entertainment options for you, such as theatres, museums, cinemas, night clubs, etc.

THEATRES:

Kaunas Dance Theatre Aura [Kauno Šokio Teatras Aura]

A well known contemporary dance company founded and overseen by the dancer Birutė Letukaitė.

Open 09:00 - 17:00. Closed Sat, Sun. Address: M. Daukšos g. 30a, <u>www.aura.lt</u>

Kaunas Little Theatre [Kauno Mažasis Teatras]

A small theatre company based in Old Town, works generally follow the repertory tradition.

Open: Box office open Wed - Fri 15:00 - 19:00, Sat 15:00 - 18:00. Sun 2 hours before the event. Closed Mon, Tue. Address: M. Daukšos g. 34, <u>www.mazasisteatras.lt</u>

Kaunas Puppet Theatre [Kauno Lėlių Teatras]

Established in 1958 around the same time that scores of similar theatres were opening behind the Iron Curtain, Kaunas' fine Puppet Theatre puts on several different performances a year for the benefit of local children in a small and large auditorium inside the building. The theatre also puts on performances for adults and houses a small museum, although sadly both the museum and the theatre itself are generally closed during the day.

Open: Box office open 11:00 - 17:00, Sat, Sun 10:00 - 14:00. Closed Mon, Tue, Wed. Address: Laisvės al.87a, <u>www.kaunoleles.lt</u>

Kaunas State Drama Theatre [Nacionalinis Kauno Dramos Teatras]

An austere if intriguing piece of architecture in the heart of the city, putting on all manner of serious theatrical work from Lithuania and abroad.

Open: Box office open 10:30 - 19:00. Closed June 15 - August 15. Address: Laisvės al. 71, <u>www.dramosteatras.lt</u>

Kaunas State Musical Theatre [Kauno Valstybinis Muzikinis Teatras]

Seating up to 500 people, this fine building built in 1892 with further 20th-century additions stages everything from opera and operetta to other musical plays and performances. Over 200 shows a year between September and June. Interestingly, this was also the venue for one of the strangest pieces of theatre to take place in Lithuania, namely the congress held inside the building on July 21, 1940 that set the scene for the incorporation of Lithuania into the Soviet Union.

Open: Box office open 11:00 - 14:00; 15:00 - 18:00. Closed Mon. Address: Laisvės al. 91, <u>www.muzikinisteatras.lt</u>

MUSEUMS:

- Kaunas City Museum: M. Valančiaus str. 6. www.kaunomuziejus.lt
- Historical Presidential Palace of Lithuania: Vilniaus g. 33.
 www.istorineprezidentura.lt
- Vytautas Magnus Military Museum: K. Donelaičio g. 64. www.kariuomene.kam.lt
- Museum of the Ninth Fort of Kaunas: Žemaičių road 73. www.9fortomuziejus.lt
- Lithuanian Aviation Museum: Veiverių g. 132. www.lam.lt
- Devils' Museum: V. Putvinskio g. 64. www.ciurlionis.lt
- Mikalojus Konstantinas Čurlionis National Art Museum: V. Putvinskio g. 55. www.ciurlionis.lt
- Lithuanian Open Air Museum: S. Neries g. 6, Rumšiškės, Kaunas region. www.llbm.lt

You can find more information about Kaunas city museums here: www.kaunomuziejus.lt

CINEMAS

Most movies in Lithuanian cinemas are shown in original languages with Lithuanian subtitles. Please check www.cinema.lt for the repertoire in Kaunas cinemas.

Forum Cinemas

Open 10:00 - 22:00. Address: Karaliaus Mindaugo pr. 49 (Akropolis)

www.forumcinemas.lt

Romuva

Open: Box office open 16:30 - 19:30, Sat 13:00 - 20:00, Sun 13:00 - 18:00. Also 2 hours before the event. Closed Mon, Tue.

Address: Laisvės al. 54.

www.ktromuva.lt

NIGHT LIFE

The most popular clubs for international students are:

Baras 91

A truly community-spirited bar with an old-world interior, grinning locals, bags of sport of the television and an excellent choice of beers from Lithuania and abroad, there's nothing bad to say about this place really. If it did have a downfall then the downfall would be the location. It's an awfully long way out of the city centre of the main Vilnius - Klaipėda highway. Driving there is always an option, but then that means somebody can't drink.

Open 17:00 - 02:00, Wed 17:00 - 24:00, Sun 13:00 - 22:00. Closed Mon, Tue.

Address: Islandijos pl. 91.

BO bar / Blue Orange

Supposedly taking its name from the poem "The World Is Blue As An Orange" by the French Surrealist poet Paul Eluard, this place has been around forever and long may it continue to be open. Your classic art student pub complete with broken furniture, every-thing about the place is alternative in the best sense of the word. The music is challenging, the beer is stupidly cheap and features a wide range of excellent ales from small breweries alongside the usual giants. They even make a decent range of food. If you need somewhere different to sit quietly and read a book (or take advantage of the free internet), come in the daytime. If you want to be squashed and make new friends, don't miss Friday or Saturday nights.

Open 17:00 - 02:00, Fri, Sat 17:00 - 03:00.

Address: Muitinės g. 9. www.blueorange.lt

Jack Pub

Jack as in Jack Daniels, this recently opened bar with pretensions towards also being a restaurant fails on just about every level. Possibly worth a visit for a passing drink as part of a longer beer-fuelled trawl of the area, there's no denying they like to have a lot of fun here, but then again they also like to have a lot of fun in kindergartens. Look for the buck-ing bronco under the arch and follow the stairs down.

Open Mon - Thu 15:00 - 00:00, Fri - Sat 15:00 - 04:00, Sun 15:00 - 00:00.

Address: Vilniaus g. 22

Shamrock

It only seems like yesterday that there wasn't an Irish pub in Kaunas. At the last count there were two. This Old Town-located one was the first to open and is a very good effort indeed. Naturally there's Guinness on hand, plus there's plenty of other tipples on which to sup and enjoy. A marvellous bar this, and the perfect option for any right-thinking, beer-drinking adventures when in town.

Open 11:00 - 24:00.

Address: Vilniaus g. 13

Ginger Bar

Pure 21-century business-class drinking is to be had inside this swanky hotel bar just around the corner from the city's main pedestrian street. Good-looking furniture and good-looking staff set the tone for a place that due to its accommodation credentials can be either fairly lively with high flyers doing important deals whilst getting drunk or as dead as a doornail. An excellent location for a quiet drink with a fellow suit. If you do choose to wet your whistle here, recommended is the local Kaunas, bottled light beer with a distinctively different flavour.

Open 08:00 - 24:00, Sat, Sun 11:00 - 24:00.

Address: K. Donelaičio g. 27 ("Park Inn by Radisson" Kaunas).

DINING - OUT

There are many nice places to dine-out in Kaunas. Most young people like to stay on Laisves Aleja and choose one of Lithuanian traditional food restaurants, small cafes, Italian style pizzerias or special places with international cuisine:

Bernelių Užeiga. Open 11:00 - 23:00, Thu 11:00 - 24:00, Fri, Sat 11:00 - 01:00. Address: M. Valančiaus g. 9. <u>www.berneliuuzeiga.lt</u>

Lithuanian white tablecloth dining featuring waiters dressed as rustic penguins and a menu of eye-catching fare. Arguably Kaunas' most famous if not beloved traditional restaurant, despite its undisputed pedigree the prices are still more than affordable. Plough through the menu at your peril and make sure you've got at least one spare hole in your belt before you start. Fine for any kind of event, from a solitary, pick-me-up potato fest over a good book to a romantic dinner for two to a fun night out with a group. Highly recommended dining for all. Also at K. Donelaičio g. 11, Balty pr. 81.

Vero Cafe. Open 07:30 - 22:00, Fri 07:30 - 23:00, Sat 09:00 - 23:00, Sun 10:00 - 22:00.

Address: Vilniaus g. 18. www.verocafe.lt

One of a clutch of Vero Cafés found around the city, this Old Town branch is arguably the best of the bunch. A variation on the Starbucks theme and immensely popular with students, the espressos are exceptional, plus there's sandwiches, wraps, cakes and regular art shows on the walls. A few chairs and tables make an appearance on the street when it's warm.

Also at Vilniaus g. 23, Karaliaus Mindaugo pr. 49 (Akropolis), Laisvės al. 45, Laisvės al. 75.

Viva Kaunas. Open 11:00 - 22:00, Fri, Sat 11:00 - 24:00. Address: Tvėrių g. 23 - 12

Well worth the ten minute or so journey on the No. 57 minibus from Kęstučio street, get off at Milikoniai and you will not be able to miss this rather unique bar and cafe. A blue and glass, well, bubble it offers amazing views of Vilijampolė. Serving coffee, wine and - at lunchtime - some simple food we like it, not least during summer when the terrace platform is open.

Čili Pica. Open 09:00 - 24:00. Address: Karaliaus Mindaugo pr. 49. <u>www.cili.lt</u>

The company everybody loves to hate but who eats there anyway has been providing admirable pizzas by Eastern European standards for well over a decade. Kaunas' shopping centre-based venture overlooks the ice-skating rink, giving diners something to do whilst the waitress takes forever to serve them. The reasonably priced menu also features a handsome array of other dishes including respectable steaks and a battalion of pasta dishes. You can also find Čili Pica at K. Baršausko g. 66a, Islandijos pl. 32, Savanorių per. 346.

For more cafes and restaurants: http://www.inyourpocket.com

BOWLING AND POOLS

City bowling. Open: 10:00 - 24:00. Address: Karaliaus Mindaugo pr. 49. <u>http://akropolis.lt/en/kaunas/pramogos/city-bowling</u>

Amerigo. Bowling and pool Open: (Thus.-Sat.): 10:00 -24:00 (Sun.–Wed.): 10:00- 23:00. Address: Islandijos pl. 32, Kaunas (Mega). <u>www.amerigo.lt</u>

Neo Kaunas. Bowling, pool and sports bar. Open: (Sun.- Mon.): 12:00 –23:00 (Tues.-Thus.): 12:00 –24:00 (Fri.- Sat.): 12:00 – 01:00. Address: Savanorių pr. 350, Kaunas <u>www.neokaunas.lt</u>

Oazė. Sports park, bowling and night club. Open: 10:00 – 24:00 (Closed on Sundays). Address: Baltų pr. 16, Kaunas. <u>www.oazesboulingas.lt</u>

Entry (billiard club). 14 pool tables, a snooker table and a Russian billiard table. Open: (Sun. – Thus.) 12:00 – 00:00. (Fri.- Sat.) 12:00 – 02:00 Address: Kęstučio g. 71, Kaunas. <u>www.entry.lt</u>

Girstučio baseinas.

Open: (Sun. – Mon.) 07:00-20:00. Address: Kovo 11-osios g. 26, Kaunas. <u>www.girstuciobaseinas.lt</u>

Pool "Dainava".

Open: (Mon. – Wed.) 6:30 – 8:00, from September 10:00 – 12:15; 19:00 –20:45; (Fri.) Open: (Tues. - Thur.) 10:00 – 12:15, 19:00 – 20:45, 10:00-12:15 (from September), 20:00-20:45 <u>Address: Partizanų g.</u> 46, Kaunas, <u>www.swim.lt</u>

Pool "Vilija". Open: (Mon. – Fri.) 10:00 – 13:00; 19:00 – 21:00, (Sat.) 11:00 – 13:00 Address: Demokraty g. 34, Kaunas, <u>www.swim.lt</u>

Pool "Šilainiai". Open: (Mon. – Fri.) 10:00 – 11:00; 19:00 – 20:45, (Sat.) 11:00 – 14:00 Address: Baltų g. 8, Kaunas, <u>www.swim.lt</u>

Pool of KAUNO KOLEGIJA/ UAS

Open: (Mon. – Fri.) 8:00 – 12:00; 15:00 – 21.30 (Sat. – Sun.) 9:00-20:00 Address: Mokslo g. 2, Mastaičiai, Kauno rajonas, <u>www.plaukimas.lt</u>

UPON ARRIVAL



After you arrive in Kaunas and settle down in your living place (dormitory or accommodation that you have found) there are some things that you should do before starting your studies at KAUNO KOLEGIJA/University of Applied Sciences:

- Visit Unit of International Relations located in the Study Center (Pramones pr. 22 106). Here you will get all information regarding the first meetings, events, etc.
- Contact your mentor before and after arrival. He/she will help you on the first day of your stay in Kaunas and later on.
- Do not miss the Introductory Week for International Students!
- Meet international coordinator of your faculty who is responsible for admission and study formalities for international students. He/she will guide you in the faculty and will introduce to the administration of the faculty. International coordinator will tell you about study process, lectures, timetables and about the students' life in the faculty.
- Order Lithuanian/International student Identity Card (www.lsp.lt; www.isic.lt).
- Check migration responsibilities.

Every time when You have questions, please, contact mentors, international coordinator of the faculty or the Unit of International Studies!

CONTACTS:

For any assistance in finding the appropriate contact person, study programme, application procedure, etc., please, contact:

• the Unit of International Studies:

Agnė Narvilaitė, Incoming Students' and Teachers' Coordinator, incoming@go.kauko.lt

Other colleagues working there will assist you as well:

Jolanta Valiaugienė, The Head of the Department, jolanta.valiaugiene@go.kauko.lt

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EI-II

STORES.

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